

★ STAR CHART ★

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Directions for the Star Chart

- BEFORE YOU BEGIN THIS ACTIVITY, YOU WILL NEED TO HAVE SOME STICKERS (PREFERABLY STAR STICKERS!)
- WHEN YOU FIRST BEGIN TO USE THE START CHART, MAKE A POINT TO ACKNOWLEDGE ANY GOOD BEHAVIOR YOUR CHILD/CHILDREN DISPLAYS BY SMILING AND EXCITEDLY TELLING THEM “GO PUT A STAR ON THE STAR CHART FOR THAT!”
- AS A CONSEQUENCE, YOU CAN HAVE THE CHILD GO REMOVE A STAR OR TWO (DEPENDING ON THE SEVERITY OF THE BAD BEHAVIOR)
- AS SOON AS THE CHART IS FULL, CELEBRATE WITH YOUR CHILD/CHILDREN AND DANCE AROUND WITH THEM! THEN, AS A REWARD, THE CHILD/CHILDREN GET TO PICK A PRIZE!

IDEAS FOR PRIZES:

1. THEY GET TO RENT A NEW MOVIE AND PICK A FAVORITE SNACK
2. THEY GET TO PICK OUT A NEW LITTLE TOY
3. THEY GET TO PLAN A FAMILY OUTING I.E., TRIP TO A MUSEUM, TRIP TO A PARK, ETC.
4. THEY GET TO PLAN A FAMILY GAME NIGHT
5. THEY GET TO PLAN A SPECIAL DINNER

*JUST REMEMBER THAT CHILDREN CAN BE SO SIMPLE WHEN IT COMES TO WHAT THEY THINK WOULD BE REALLY SPECIAL. SO, THE BEST THING MIGHT BE TO ASK THEM WHAT THEY WOULD LIKE IF THEY FILL THE STAR CHART! 😊